

Democracy Redline Action Toolkit

One-page quick start for lawful, peaceful civic action. Use one specific ask. Stay calm. Request a response. Do not threaten, harass, intimidate, or encourage illegal activity.

5 minutes Read or share one formal report. Call one office. Use one lookup link.	15 minutes Send a specific email. Ask for oversight, election protection, civil-liberties defense, or transparency.	1 hour Attend or watch a meeting. Write a letter to the editor. Join or volunteer locally.	Ongoing Support journalism, election administration, watchdogs, civil liberties, voting rights, and rule of law groups.
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Call script

Hello, my name is [NAME], and I live in [CITY/STATE]. I am calling because I am concerned about democratic backsliding and the need to protect rule of law, election integrity, civil liberties, and checks and balances. I am asking [OFFICIAL NAME] to support oversight, transparency, and lawful limits on abuses of power related to [ISSUE]. Please record my view and let me know what action the office is taking.

Email starter

Subject: Please defend democratic institutions and public accountability

Dear [OFFICIAL NAME], I am a constituent writing to ask you to defend democratic institutions in response to [ISSUE]. I am especially concerned about the impact on [rule of law / elections / civil liberties / oversight / public accountability]. Please support hearings, public transparency, and lawful institutional checks that protect democratic governance. I would appreciate a written response explaining your position and any actions your office is taking.

Before you call or write

- State that you are a constituent when applicable.
- Name one issue or institutional concern.
- Ask for one clear action.
- Request a written response or public statement.
- Stay factual and avoid personal threats or insults.
- Save a copy of what you sent.

What to ask for

Oversight hearings; election administration protection; judicial independence; civil liberties; public accountability; transparency; and protection of independent watchdog functions.

State/local official starter

Dear [OFFICIAL NAME], I am writing as a resident of [CITY/COUNTY/STATE]. I am asking your office to protect local democratic processes by supporting transparent meetings, lawful records access, fair election administration, civil liberties, and nonpartisan public service. Please explain how your office is addressing [LOCAL ISSUE] and what residents can do to participate constructively.

Share a report

I am sharing this Democracy Redline report because it organizes recent warning signs into a monthly civic-risk score and explains the institutional drivers behind that score. Whether you agree with every judgment or not, it is a useful framework for discussing rule of law, elections, civil liberties, checks and balances, and public accountability.

Find your officials

USA.gov elected officials:
<https://www.usa.gov/elected-officials>

U.S. House lookup:
<https://www.house.gov/representatives/find-your-representative>

U.S. Senate contacts:
<https://www.senate.gov/senators/senators-contact.htm>

State/local election offices:
<https://www.usa.gov/state-election-office>

More tools

Latest analysis: democracyredline.com/analysis.html
Reports: democracyredline.com/reports/
Resources: democracyredline.com/resources.html
Methodology: democracyredline.com/methodology.html

Safety statement: Democracy Redline supports lawful, peaceful democratic civic action. It does not promote violence, harassment, threats, intimidation, or illegal activity. This guide is not legal advice.